IF THE POLICE
STOP ME
Sometimes the police may stop people, even if they have done nothing wrong.
If the police stop me, I need to stay calm and use my coping strategies.
I need to keep my hands out of my pocket, drop anything I have in my hands, and keep my hands where the police officer can see them.
I must to tell them I am Autistic like I have practiced.
I am Autistic

My disability impairs my ability to communicate and cope with sensory input. As a result I may have difficulty understanding directions and I may not be able to respond to questions. I may exhibit unusual behavior. I may become physically agitated if you touch me or move too close to me.

Please do not interpret my behavior as refusal to cooperate. I am not intentionally defying your instructions.

I must tell them I have a card in my pocket that has important information they need to know about me.
I must tell them where my card is without going in my pocket.
I must point to where my card is without going in my pocket.
I must use my device to tell them where my card is without going in my pocket.
I must ask them to please call my advocate or family member on the card.
It is important I follow the police officers directions the first time they are given.
A police officer might touch my body and I might not like that but must use my coping strategies and stay calm.
I might be uncomfortable but I must not run.
I must not touch police officer’s body or their gun.
If they have a dog, I also must not touch the police officers’ dog.
If they ask me if understand something that I do not understand, I need to tell them “No, I do NOT understand”.
If they say “you have the right to remain silent”, I must tell them I do not want to answer questions until my family member or advocate is with me.